



November 2024 Menu: Infant 6-11 Month

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>November 1-3</u>					
<u>Breakfast</u>				WG Bean and Cheese Quesadilla Salsa Apple	Cheesy Scrambled Eggs WG Toast with Butter Apple
<u>Lunch</u>				Thai Green Coconut Curry Chicken Thighs Soft Red Bell Pepper Golden Beets Brown Rice	Sweet and sour Chicken and Pork Meatball Kiwi Cauliflower Brown Rice
<u>Snack</u>				Assorted Breads Banana	Soft Red Bell Pepper Cracker
<u>November 6-10</u>					
<u>Breakfast</u>	Waffle with Butter Hard Boiled Egg Pear	Toasty O's Cereal Scrambled Eggs Berries	WG Raspberry Muffin Turkey Sausage Patty Orange	Plain Yogurt Toasty O's Cereal Banana	Pork Sausage and Cheese WG English Muffin Apple
<u>Lunch</u>	Ferndale Market WG Turkey and Cheese Sandwich Soft Red Bell Pepper Orange Pickle	WG Bean and Cheese Quesadilla Roasted Potatoes Cherry Tomatoes Salsa	Ferndale Market WG Spaghetti and Turkey Meat Sauce Parmesan Cheese Broccoli Green Bean	WG Tuna Pasta Salad Broccoli Apple	Tree Range Farm Chicken Thigh Sweet Potato Fries Pineapple Brown Rice
<u>Snack</u>	Soft Carrots Garlicky Hummus WG Flatbread	Apple with Optional Cinnamon Rice Cake or Puffs	Mozzarella Cheese Slice Cracker Banana	WG Sun Butter Toast Strawberries	WG Dinner Roll Banana
<u>November 13-17</u>					
<u>Breakfast</u>	Infant Rice/Oat Cereal Apple	WG Bagel and Cream Cheese Scrambled Eggs Berries	Pork Bacon and Egg Scramble WG English Muffin with Butter Oranges	Cinnamon Raisin Oatmeal Plain Yogurt Banana	Cheesy Scrambled Egg WG Toast with Butter Apple

- Beverages of milk (1% [over 2 years] and whole [under 2 years] and water will always be offered for meals and snacks.
- The menu is subject to change based on the availability of fresh ingredients.
- WG symbolizes Whole Grain products, containing at least 50% whole grains
- Breastmilk or Iron-fortified formula served at every breakfast and snack.



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Lunch	Herb Butter Baked Salmon or Cod Sweet Potato Fries Green Beans WG Butter Parmesan Noodles	BBQ Chicken Thighs WG Garlic Breadstick Peas Oranges	Middle Eastern Beef Kofte Meatballs WG Pita Bread Feta Cheese Cucumber Tomato	WG Turkey Cheeseburger Sweet Potato Fries Cauliflower Pickle	WG Buttermilk Pancake Turkey Sausage String Cheese Avocado Corn
Snack	Oranges Soft BBQ Chickpeas Cracker or Puffs	Cheese Curd Apple with Optional Cinnamon Cracker	WG Cheese Quesadilla Salsa Avocado	Strawberry, Banana and Spinach Smoothie Toasty O's Cereal	Avocado Devilled Egg Cracker Banana
November 20-24					
Breakfast	Cinnamon Raisin Oatmeal Plain Yogurt Pear	Toasty O's Cereal Scrambled Eggs Apple	WG Egg and Cheese Burrito Oranges	Pork Sausage and Cheese WG English Muffin Sandwich Banana	WG French Toast Bake Melon
Lunch	Korean Inspired Beef Bibimbap Mild Kimchi Carrots Cucumbers Brown Rice	WG Garlic Cheese Bread Marinara Green Beans Berries	WG Pasta Alfredo Ferndale Market Turkey Thigh Grapes Peas	Parmesan Chicken Breast WG Pesto Pasta Carrots Oranges	Cheese Quiche WG Dinner Roll Avocado Roasted Potato
Snack	WG Banana Bread Grapes	Melon Ferndale Market Turkey Cube Cracker or Puff	WG Pizza Bagel: Marinara, Mozzarella Banana	Cottage Cheese Cucumber Cracker of Puff	Graham Cracker Applesauce
November 27-30					
Breakfast	Cinnamon Raisin Oatmeal Pear	WG Bagel and Cream Cheese Apple	Pork Bacon and Cheese Egg Scramble WG Toast with Butter Apple		
Lunch	WG Ferndale Market Turkey Taco Cheese Sour Cream	Lemon Garlic Chicken Thigh WG Garlic Breadstick Broccoli Berries	Olive and Pepperoni Pizza Sweet Potato Fries Broccoli	Closed for Thanksgiving	Closed for Thanksgiving

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	Salsa Corn Sweet Potato Fries				
Snack	Soft BBQ Chickpea Oranges	Toasty O's Cereal Berries	WG Lemon Poppyseed Muffin Pear		

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